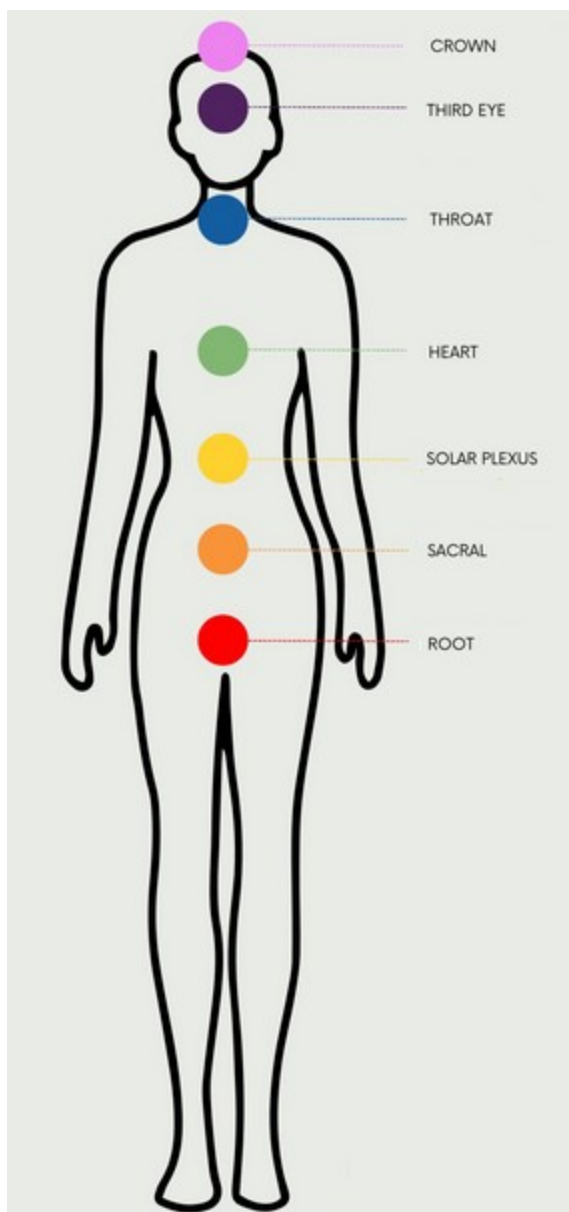




Chakra Definitions

1st Chakra / Root Chakra, "Survival"

Location: Base of the spine

Function: Keeps the body alive and grounded in the physical world.

2nd Chakra / Sacral Chakra, "Clairsentience"

Location: About three fingers below navel

Function: Governs emotions, sexuality, and sensuality; allows you to sense and feel the emotions of others.

3rd Chakra / Solar Plexus, "Energy Distribution"

Location: In the upper abdomen

Function: Spreading life energy throughout the body.

Other Abilities -

Out-of-Body Experience: Conscious awareness existing outside the physical body, often in dreams.

Out-of-Body Memory: Remembering what you experienced while outside your body or in your dream.

4th Chakra / Heart Chakra, "Affinity"

Location: Center of the chest

Function: Helps you experience oneness with yourself and others; the foundation for expressing true love.

5th Chakra / Throat Chakra, "Clairaudience"

Location: At the base the throat

Function: Supports clear expression and spiritual communication; the ability to hear nonphysical beings across great distances.

Other Abilities -

Inner Voice: The inner communication between your body and your higher self.

Broadband Telepathy: Nonverbal communication with groups of people.

Narrowband Telepathy: Nonverbal communication with one or two people.

Pragmatic Intuition: Practical intuition that helps with everyday things, such as you sense who is calling when the phone rings.

6th Chakra / Brow Chakra / Third Eye, "Clairvoyance"

Location: Between the eyebrows

Function: The ability to see mental images, auras, chakras, and nonphysical beings.

Ability -

Abstract Intuition: Understanding ideas or insights without needing logical thought.

7th Chakra / Crown Chakra, “Trance Mediumship”

Location: At the top of the head

Function: Connects you to higher consciousness and spiritual awareness; the ability to step out of your body and let another being communicate or act through it.

Two things are involved:

- 1) Body: A natural genetic readiness or sensitivity on a physical level.
- 2) Spirit: A willingness to completely step out of the body.

Ability -

Knowingness: The ability to be still and simply *know*.

Additional Abilities -

Precognition (6th & 7th): Knowing events before they happen.

Psychometry (6th, 7th, Hands): The ability to sense information or energy from an object by touching it.

Healing (Hands): The ability to heal yourself and others.

Telekinesis (1st, 6th, 7th, Hands): The ability to move or influence objects with focused willpower.

Hands: The ability to manifest your inner creativity outward.

Feet: The ability to draw the energy from the earth into your own body.

Notes on Psychic Perception -

Knowingness, clairvoyance, and clairsentience involve seeing or hearing beyond the physical senses. These are inner perceptions—images or sounds that are sensed rather than physically seen or heard—and are natural steps in spiritual growth. Most psychics experience this transitional phase as part of their spiritual development.